

## Getting started – 3 Steps to Finding Rest Home and Hospital Care

Please print and use this as a checklist to help you through the process of finding the right place for you.

### Step 1 - Getting prepared

- Arrange for a NASC needs assessment – call your local DHB or GP and request a NASC needs assessment
- Arrange Enduring Power of Attorney for personal Care and Welfare and Enduring Power of Attorney for Property. Contact your lawyer or Public Trust to request one
- Prepare a financial summary of assets and income
- Call WINZ for advice about eligibility for a Residential Care Subsidy or Residential Care Loan.

### Step 2 - Finding the right place

- Create a list of 3-5 places that provide the level of care required, and that are close to where your key family members live or work
- Check room availability when creating your list
- Create a checklist of criteria so you can compare places you are interested in
- Share your progress with family members and get feedback
- Book appointments and visit places, evaluating as you go
- Decide which suits best.

### Step 3 - Moving in

- Tell the care facility that you want to take the room
- Sign the facility's Resident Admission Agreement
- Set up a method of payment for the daily care fee
- Apply to WINZ for a Residential Care Subsidy or Residential Care Loan if eligible.

**Please call us on 0800 333 688 for assistance with any questions.**



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